


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ALL ACTIVITIES & TIMES ARE SUBJECT TO CHANGE. Beauty Shop- Tuesdays unless listed</p>	<p>2</p> 	<p>3</p> <p>AM Morning Visits Morning Calendars 1130am Fitness Fun 230pm BINGO</p>	<p>4</p> <p>AM Morning Visits 1130am Fitness Fun Manicures All Day Dinner September Trivia</p>	<p>5 <i>First NFL Football Game</i></p> <p>AM Morning Visits Morning Stretch <u>11am Bill Connet Music</u> 230pm Resident Council</p>	<p>6</p> <p>AM Morning Visits 11am News Report 1130am Kickball 230pm Apple Cider Social</p>	<p>7 <i>Iowa vs IA State Game</i></p> <p>Meditation & Reflections Saturday</p>
<p>8 <i>National Grandparents Day</i></p> <p>Grandparents Day Bingo Hour! 2:30pm</p>	<p>9 <i>International Sudoku Day</i></p> <p>AM Morning Visits 1030am Watercolors 1130am Parachute 230pm Trouble Game</p>	<p>10</p> <p>AM Morning Visits 1030am Teddy Reels 1130am Fitness Fun 230pm BINGO</p>	<p>11</p> <p>AM Morning Visits 1130am Fitness Fun Manicures All Day Dinner School Trivia</p>	<p>12 <i>Chocolate Milkshake Day</i></p> <p>AM Morning Visits 1030am Apple Crafts 1130am Fitness Fun 230pm Uno Game</p>	<p>13 <i>National Peanut Day</i></p> <p>AM Morning Visits 11am News Report 1130am Balloon Toss 3pm Door to Door Treats</p>	<p>14</p> <p>Meditation & Reflections Saturday</p>
<p>15</p> <p>Movie Matinee at 2:30pm in the lounge</p>	<p>16</p> <p>AM Morning Visits 1030am Music & Coloring 1130am Ribbon Dancing 230pm Millionaire Game</p>	<p>17</p> <p>AM Morning Visits 1030am Car Races 1130am Fitness Fun 230pm BINGO</p>	<p>18</p> <p>AM Morning Visits 1130am Fitness Fun Manicures All Day Dinner Football Trivia</p>	<p>19</p> <p>AM Morning Visits 1030am Fall Suncatcher Crafts 1130am Fitness Fun 230pm Left Right Center</p>	<p>20</p> <p>AM Morning Visits 11am News Report 1130am Kickball <u>230pm Music w/ Valerie</u></p>	<p>21</p> <p>Meditation & Reflections Saturday</p>
<p>22 <i>First Day of Fall</i></p> <p>Movie Matinee at 2:30pm in the lounge</p>	<p>23</p> <p>AM Morning Visits 1030am Acrylic Paints 1130am Bean Bag Toss 230pm Yahtzee Game</p>	<p>24</p> <p>AM Morning Visits 1030am Candy Corn Flip 1130am Fitness Fun 230pm BINGO</p>	<p>25</p> <p>AM Morning Visits 1130am Fitness Fun Manicures All Day Dinner Apple Trivia</p>	<p>26 <i>Johnny Appleseed Day</i></p> <p>AM Morning Visits 1030am Apple Bobbin' 1130am Fitness Fun 230pm Bakers Club</p>	<p>27</p> <p>AM Morning Visits 11am News Report 1130am Balloon Toss 230pm Birthday Bash</p>	<p>28</p> <p>Meditation & Reflections Saturday</p>
<p>29</p> <p>Movie Matinee at 2:30pm in the lounge</p>	<p>30</p> <p>AM Morning Visits 1030am Morning Stretch <u>11am Tellin' Man</u> 230pm Penny Ante</p>					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES & TIMES ARE SUBJECT TO CHANGE. Beauty Shop- Tuesdays unless listed	2 	3 Morning Daily Newspaper Morning Seated Exercises 1pm BINGO Afternoon Activity Tubs Evening Kickball	4 Morning Daily Newspaper Morning Painting w/ Rena Manicures All Day Afternoon Seated Exercises Evening Finish the Phrase	5 Morning Visits w/ Rena <u>1030am Bill Connet Music</u> Afternoon Seated Exercises 230pm Resident Council Evening Games	6 Morning Daily Newspaper Morning Hand Massages 1pm BINGO 230pm Apple Cider Social Afternoon Seated Exercises Evening Music Hour	7 Iowa vs IA State Game <i>Morning Coloring</i> <i>Afternoon Football Game & Snacks</i> <i>Evening Stretch</i>
8 <i>National Grandparents Day</i> <i>Morning Daily News</i> <i>Dowel Exercises</i> <i>Evening Music Hour</i>	9 <i>International Sudoku Day</i> Morning Daily Newspaper Morning Balloon Toss Afternoon Hand Massages Afternoon Virtual Tours Evening Seated Exercises	10 Morning Daily Newspaper Morning Seated Exercises 1pm BINGO Afternoon Coloring & Music Evening Balloon Toss	11 Morning Daily Newspaper Morning Sorting w/ Rena Manicures All Day Afternoon Seated Exercises Evening September Trivia	12 <i>Chocolate Milkshake Day</i> Morning Daily Newspaper Morning Crafts w/ Rena Afternoon Bean Bag Toss Afternoon Activity Tubs Evening Seated Exercises	13 Morning Daily Newspaper Morning Hand Massages 1pm BINGO 3pm Door to Door Treats Afternoon Seated Exercises Evening Music	14 <i>Morning Coloring</i> <i>Afternoon Activity Tubs</i> <i>Evening Balloon Toss</i>
15 <i>Morning Daily News</i> <i>Dowel Exercises</i> <i>Evening Music Hour</i>	16 Morning Daily Newspaper Morning Hand Massages Afternoon Linen Folding Afternoon Balloon Toss Evening Seated Exercises	17 Morning Daily Newspaper Morning Seated Exercises 1pm BINGO Afternoon Activity Tubs Evening Stretch	18 Morning Daily Newspaper Morning Painting w/ Rena Manicures All Day Afternoon Seated Exercises Evening Brain Games	19 Morning Daily Newspaper Morning Crafts w/ Rena Afternoon Balloon Toss Afternoon Activity Tubs Evening Seated Exercises	20 Morning Daily Newspaper Morning Hand Massages 1pm BINGO <u>230pm Music w/ Valerie</u> Afternoon Seated Exercises Evening Music Hour	21 <i>Morning Coloring</i> <i>Afternoon Movie & Snacks</i> <i>Evening Stretch</i>
22 <i>Morning Daily News</i> <i>Dowel Exercises</i> <i>Evening Music Hour</i>	23 Morning Daily Newspaper Morning Balloon Toss Afternoon Hand Massages Afternoon Virtual Tours Evening Seated Exercises	24 Morning Daily Newspaper Morning Seated Exercises 1pm BINGO Afternoon Music & Coloring Evening Bean Bag Toss	25 Morning Daily Newspaper Morning Sorting w/ Rena Manicures All Day Afternoon Seated Exercises Evening True or False	26 <i>Johnny Appleseed Day</i> Morning Daily Newspaper Morning Baking w/ Rena Afternoon Stretching Afternoon Activity Tubs Evening Seated Exercises	27 Morning Daily Newspaper Morning Hand Massages 1pm BINGO 230pm Birthday Bash Afternoon Seated Exercises Evening Music Hour	28 <i>Morning Coloring</i> <i>Afternoon Activity Tubs</i> <i>Evening Balloon Toss</i>
29 <i>Morning Daily News</i> <i>Dowel Exercises</i> <i>Evening Music Hour</i>	30 Morning Daily Newspaper <u>1030am Tellin' Man</u> Afternoon Linen Folding Afternoon Hand Massages Evening Seated Exercises	